



Bullying Policy and Procedures Document

What is bullying and how the Australian Kinesiology Association Inc. will handle any complaints between members, volunteers and employees.

This document outlines the Australian Kinesiology Association's bullying policy and procedures to follow when a bullying complaint is made.



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REVISION TABLE

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Bullying Policy

Introduction

Australian Kinesiology Association Inc. believes that all people should work in an environment free from bullying.

Australian Kinesiology Association Inc. understands that workplace bullying is a threat to the health and wellbeing of its staff, volunteers and customers.

Accordingly, Australian Kinesiology Association Inc. is committed to eliminating, so far as is reasonably practicable, all forms of workplace bullying by maintaining a culture of openness, support, and accountability.

Purpose

The purpose of this document is to communicate that Australian Kinesiology Association Inc. does not tolerate any form of workplace bullying and to set out the process which is to be followed should any instances of workplace bullying be reported.

Definitions

“Bullying” is repeated and unreasonable behaviour directed towards a person or group of persons that creates a risk to health and safety. It includes behaviour that could be expected to intimidate, offend, degrade, humiliate, undermine or threaten.

“Repeated behaviour” refers to the persistent nature of the behaviour and can involve a range of behaviours over time.

“Workers” includes any member acting for Australian Kinesiology Association Inc. in either paid or a volunteer capacity.

“Workplace” includes any contact between workers that is face to face, online, phone, email or other capacity where workers will engage with each other.

“Unreasonable behaviour” is behaviour that a reasonable person, having considered the circumstances would see as unreasonable, including behaviour that is victimising, humiliating, intimidating or threatening.

Examples of behaviour, whether intentional or unintentional, may be considered to be workplace bullying if they are repeated, unreasonable and create a risk to health and safety including but are not limited to:

- abusive, insulting or offensive language or comments;
- unjustified criticism or complaints;
- deliberately excluding someone from workplace activities;
- withholding information that is vital for effective work performance;
- setting unreasonable timelines or constantly changing deadlines;
- setting tasks that are unreasonably below or beyond a person’s skill level;
- denying access to information, supervision, consultation or resources to the detriment of the worker;
- spreading misinformation or malicious rumours;
- changing work arrangements such as rosters and leave to deliberately inconvenience a particular worker or workers.

Workplace bullying can be carried out in a variety of ways including through email, text or social media channels.

Workplace bullying can occur between workers (sideways), from managers to workers (downwards), workers to supervisors/managers (upwards). It can also occur between Committee Members (sideways), from Management Committee members to sub-Committee Members (downwards), and from sub-Committee Members to Management Committee members (upwards), and interactions between members and volunteers, and/or paid employees.

Reasonable Management Committee and management action is not considered to be workplace bullying if it is carried out lawfully and in a reasonable manner in the circumstances. Examples of reasonable action include but are not limited to:

- setting reasonable performance goals, standards and deadlines;
- deciding not to select a worker for promotion, or a member for any Committee or sub-Committee where a reasonable process is followed;
- informing a worker or volunteer about unsatisfactory work or volunteer performance in an honest, fair and constructive way;
- taking disciplinary action, including suspension or terminating employment, volunteer roles or membership.

Differences of opinion and disagreements are generally not considered to be workplace bullying.

Bullying that directly inflicts physical pain, harm, or humiliation amounts to assault and should be dealt with as a police matter (see below).

Policy

The Australian Kinesiology Association Inc. has a duty of care to provide a safe workplace, and ensure, so far as is reasonably practicable, that workers and other people are not exposed to health and safety risks.

The Australian Kinesiology Association Inc. acknowledges and acts on its duty of care. Any reported allegations of workplace bullying will be promptly, thoroughly, and fairly investigated.

Bullying complaints will be handled in a confidential and procedurally fair manner. Where confidentiality cannot be guaranteed this will be clearly communicated to the relevant parties.

All parties will be treated with respect.

The person against whom the allegation is made has the right to natural justice (the right to know what is alleged against them, the right to put their case in reply, and the right for any decision to be made by an impartial decision-maker). This impartial decision maker is most likely a volunteer with the Australian Kinesiology Association Inc., until it is determined by the Management Committee that the Australian Kinesiology Association Inc. is not equipped to deal with the complaint and has resolved to seek external support and the cost has been ratified.

It is not the role of the Complaints Officer or the Complaints Committee to handle workplace bullying complaints. These complaints must be handled by the Management Committee or a suitable appointed person.

Authorisation

Australian Kinesiology Association Inc.
Management Committee

Bullying Procedures

Responsibilities

It is the obligation and responsibility of every person to ensure the workplace is free from bullying. The responsibility lies with every manager, supervisor, employee, committee member, sub-Committee member and volunteer to ensure that bullying does not occur in the workplace.

All workers have:

- an entitlement to work in a safe and healthy workplace and to be treated with dignity and respect;
- an entitlement to make a complaint in respect of any bullying behaviour;
- a responsibility to take reasonable care for their own health and safety;
- a responsibility to ensure they do not promote or engage in bullying and otherwise take reasonable care that their acts or omissions do not adversely affect the health and safety of other people;
- a responsibility to co-operate and comply with this policy and any other relevant policy.

It is the responsibility of all managers and Management Committee Members to ensure that:

- they understand, and are committed to, the rights of all employees and volunteers to attend work and perform their duties without fear of being bullied in any form;
- all reasonable steps to eliminate bullying are made so far as is reasonably practicable;
- all applicable occupational health and safety legislation is observed;
- all employees and volunteers are regularly educated and made aware of their obligations and responsibilities in relation to providing a workplace free from bullying;
- they provide an environment which discourages bullying, and set an example by their own behaviour;
- all complaints are treated seriously and confidentially;
- they are as far as practicable aware of whether bullying is occurring, whether complaints are received or not, relying on such indices as:
 - sudden increases in absenteeism;
 - unexplained requests for transfers;
 - behavioural changes such as depression;
 - sudden deterioration in work performance.
- they take immediate and appropriate action if they become aware of any bullying or offensive behaviour;
- any reported allegations of workplace bullying are promptly, thoroughly, and fairly investigated;
- guidance and education is provided, where requested and/or appropriate, to cases and subsequent decisions relating to bullying;
- ongoing support and guidance is provided to management, Management Committee Members, employees and volunteers in relation to the prevention of bullying;
- this policy is displayed in the workplace and easily accessible to all workers and volunteers.

Procedures

Complaints Procedures

If an employee or volunteer feels comfortable in doing so, it is preferable to raise the issue with the person directly with a view to resolving the issue by discussion. The employee or volunteer should identify the offensive behaviour, explain that the behaviour is unwelcome and offensive and ask that the behaviour stops.

If the behaviour continues, or if the employee or volunteer feels unable to speak to the person(s) directly, they should contact their supervisor or manager, the President, or any other Management Committee member with whom they feel comfortable. The complaint recipient will provide support and ascertain the nature of the complaint.

Informal Intervention

The complaint recipient will explain the rights and responsibilities of the employee or volunteer under the relevant policy and procedures.

Informal intervention may be done through a process of either mediation or conciliation. During informal intervention the respondent will be made aware of the allegations being made against them and given the right to respond. Interventions at this stage should adopt a confidential, non-confrontational approach with a view to resolving the issue.

Members involved are required to cooperate with the investigator and any conditions and timelines in order to be able to progress any matter in a timely fashion, with consideration to all parties involved.

This procedure will be complete when the alleged harasser respects the individual's request to cease unwanted and unwelcome behaviour, or when the complainant accepts that the behaviour is not properly described as bullying. If neither of these outcomes occurs, the organisation's formal procedure should be followed.

Formal Complaints Procedure

The formal complaint procedure involves a formal investigation of the complaint. Formal investigations will be conducted internally (by the Management Committee or an appointed officer) or by an external investigator if deemed necessary as per the policy.

An investigation involves collecting information about the complaint and then making a finding based on the available information as to whether or not the alleged behaviour occurred. Once a finding is made, the investigator will make recommendations about resolving the complaint.

The investigator may need to interview the parties involved (which may include the complainant, the respondent, and any witnesses) to obtain information regarding the complaint. The investigator will comprehensively and accurately document all information obtained during the interviews including the parties involved, timing, location, and nature of conduct complained against.

If the investigator considers it appropriate for the safe and efficient conduct of an investigation, workplace participants may be stood down from work, have conditions imposed or be provided with alternative duties during an investigation, in which case they will be paid their normal pay during any such period.

Throughout the investigation process, all parties involved in the investigation will be regularly kept informed about the investigation. Members involved are required to cooperate with the investigator and any conditions and timelines in order to be able to progress any matter in a timely fashion, with consideration to all parties involved.

The findings as to whether bullying has occurred will be determined on the basis of the evidence, and on the balance of probabilities.

On the basis of the findings, possible outcomes of the investigation may include, but will not be limited to, any combination of the following:

- Counselling.
- Disciplinary action (including and up to termination of employment or membership).
- Official warning.

- Formal apology and/or an undertaking that the behaviour will cease.
- Temporary or permanent interventions between the parties.
- Mediation where the parties to the complaint agree to a mutually acceptable resolution.
- Revocation of Association membership, either permanently or until the respondent agrees to cease any bullying behaviour, or other conditions are met.

On completion of the investigation, all parties will be informed about the investigation findings and the outcome of the investigation.

Following an investigation concerning a bullying complaint (irrespective of the findings), the Management Committee or appointed person concerned will:

- consult with the parties involved to monitor the situation and their wellbeing; and
- educate and remind all employees and volunteers of their obligations and responsibilities in relation to providing a workplace free from bullying.

Procedures for Dealing with Criminal Conduct

Some forms of severe bullying (physical attack, for example, or obscene phone calls) may constitute criminal conduct. While the Australian Kinesiology Association Inc. is committed to treat most complaints about bullying at an organisational level as far as is possible, this type of conduct is not suited to internal resolution. Such complaints should be treated by the criminal justice system. Employees or volunteers should be advised of the option of police support or intervention. It is not the obligation or duty of the organisation to report such matters to the police on behalf of the complainant.

Related Documents

- [Affirmative Action Policy](#)
- [Equal Employment Opportunity Policy](#)
- [Anti-Discrimination Policy](#)
- [Sexual Harassment Policy](#)
- [AKA Inc Constitution](#)
- [AKA Inc By-Laws](#)
- [Code of Conduct](#)
- [Complaints Policy and Procedures](#)
- [Workplace Health and Safety Policy and Procedures](#)

Authorisation

Australian Kinesiology Association Inc.
Management Committee