

# LEVEL 4 - KINESIOLOGY INTERMEDIATE PRACTITIONER

Adopted from 1<sup>st</sup> January, 2022 until next AKA review

Units Required	Hours Required	RTO Training	AKA Modality Training
Kinesiology	¥250	Certificate IV HLT42807/42812	AKA CAB Guidelines
Supervised Clinic	20	AKA Supervised Clinic Guidelines	AKA Supervised Clinic Guidelines
Mentored Clinic	*30	AKA Mentoring Guidelines	AKA Mentoring Guidelines
Anatomy & Physiology	50	AKA CAB Approved Course	AKA CAB Approved Course
Communication	50	AKA CAB Approved Course	AKA CAB Approved Course
Comply with infection prevention and control policies and procedures	25	HLTINF001 or higher	HLTINF001 or higher
<b>TOTAL HOURS</b>	<b>425*</b> <b>470*</b>	*Note: National RTO & AQF Benchmarking Indicators for a Certificate IV Qualification is 0.5 – 2 years in duration and nominal hours between 600 – 2400. On completion of the mentored clinic component, the nominal hours for Level 4 Membership is 470. The AKA Modality Training will remain slightly under national benchmarking indicators.	
First Aid		HLTAID003/HLTAID011	HLTAID003/HLTAID011
Professional Indemnity & Public Liability Insurance		Required	Required
Mentored Clinic	*45	Required	Required
CPE Annually	20	Required	Required
<p><b>¥ KINESIOLOGY</b></p> <p>250 hours of Kinesiology (a minimum of 45 face-to-face hours for Category A; remaining 205 hours can be either Category A or Category B, face-to-face or online). For practitioner registration, the PRB only accepts kinesiology courses that have been accredited by the AKA; i.e. are listed on the AKA Accredited Courses List (ACL). Please note, hours claimed for a course can be equal to or less than what is listed on the AKA ACL.</p>			
<p><b>* MENTORED CLINIC</b></p> <p>A total of <b>75 hours of Mentored Clinic</b> is required for Level 4. Upon application the Level 4 Practitioner must have completed a minimum of 30 hours of Mentored clinic, with the remaining 45 hours completed within 2 years of achieving Level 4 AKA practitioner membership.</p>			

**MUST ONLY provide nutritional recommendations consistent with their education, training, experience and competence.**

(Underlying premise – There is no requirement for Level 4 Practitioners in Nutrition. Therefore, they may have done no, a little or a lot of nutritional training before or during their Kinesiology training).