



Australian Kinesiology Association ~ List of Fully Accredited Kinesiology and Practitioner Courses ~ as at 1st Nov 2025

*The AKA Practitioner Registration Board (PRB) will only accept Kinesiology qualifications that have been approved by the AKA Course Accreditation Board (CAB)

*All courses listed (Category A and Category B) courses can be used for practitioner registration and Continuing Professional Development (CPD)

INDIVIDUAL KINESIOLOGY COURSES

	CATEGORY	HOURS
Basics of Life- Marco-Rado	B	16
Classic Kinesiology- Kylie Bryan	A	96
Coming to Grips with Learning - Bernard Carson/Shanagh Sangster	B	22
Comprehensive Kinesiology 1 - Kylie Bryan	B	140
Comprehensive Kinesiology 2 - Kylie Bryan	B	140
Creative Nutrition - Gerry Gallagher	B	24
Essence of Change - Gerry Gallagher	B	24
Five Elements BioEnergetics I- Damien Brown	B	29
Five Elements BioEnergetics II- Damien Brown	B	29
Five Elements BioEnergetics III- Damien Brown	B	29
Foot Joint Mobilisation (2 Day Course) - Peter Morningstar	B/A&P	16
Healing Innately- Irene Oram	B	24
Heart Healing - Toni Lilley	A	65
Integrating Primitive Reflexes using Brain Gym® & Touch for Health- Tracey Tinker	B	16
Integrative Neurocardiology- Marco Rado	B	21
Kinesiology Applications 2 - Guy Bennett	B	16
Restore Your Vitality- Nicola Barrett	B	8
Simply The Brain- Jacque Mooney	B/A&P	24
Simply The Brain 2: The Brain and Body Glands- Jacque Mooney	B/A&P	72
Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia Marina	B/Comm	40

ACCESSING THE POWER OF THE EIGHT EXTRAORDINARY CHANNELS (APEC) - A. Parker & S. Lovell

APEC 1	B	16
APEC 2	B	16
APEC 3	B	16

APPLIED PHYSIOLOGY – Richard Utt (Rep Jacque Mooney)

5 Houses of Chi	B	24
7 Chi Keys	B	72
Advanced Applied Physiology	B	56
Amino Acids	B	16
Anatomy and Physiology of the Brain	B/A&P	80
Advanced Acupressure	B	56
Attitude with Essence	A	24

ABBREVIATIONS

A&P = Anatomy & Physiology
BM = Business Management
Comm = Communication
Nut = Nutrition
WHS= Work Health & Safety
Category A: Foundation Kinesiology Courses
Category B: Intermediate or Advanced Kinesiology Course- requires Category A as a pre-requisite

AKA Accredited REGISTERED TRAINING ORGANISATIONS (RTO) offering DIPLOMA HLT 52415

College of Complementary Medicine: NSW	www.complementary.com.au
College of Kinesiology: QLD	www.kinesiologycollege.edu.au
Kinesiology Schools Australia (KSA): VIC, QLD, NSW	www.kinesiologyschoolsaustralia.com.au
NK Institute: QLD, NSW, VIC, WA	www.nkinstitute.com
O'Neill Kinesiology College, WA	www.oneillcollege.com.au

WORKBOOK HOURS:

AKACAB accredited approved kinesiology workbook hours: 66% of the nominal hours or as determined by CAB

AKA Accredited REGISTERED TRAINING ORGANISATIONS (RTO) offering 10831NAT, Certificate IV

NK Institute: QLD, NSW, VIC, WA	www.nkinstitute.com
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WORKBOOK HOURS:

AKACAB accredited approved kinesiology workbook hours: 66% of the nominal hours or as determined by CAB

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Auditory Dyslexia Hologram	B	10
Basketweaver	B	16
Canopener	B	16
Cell Hologram	B	24
Centering: cloacals, gaits and hyoids	B	16
Cranials	B	16
Gall bladder Master	B	16
Holographic Muscle Monitoring	A	32
Large Intestine Master	B	16
Liver Master	B	16
Muscle Hologram	B	40
Pitch, roll & jaw	B	16
Salt Bath	B	24
Small Intestine Master	B	16
Spleen/Pancreas Master	B	16
Stomach Master	B	16
Tao of Blood	B/A&P	24
Tibetan Figure 8	B	10
TMJ	B	16
Visual Dyslexia Hologram	B	10

BIO HARMONICS- Guy Bennett (Diploma Provider)

Advanced Muscle Monitoring	B	40
Bio Harmonics	B	60
Chakra Awakenings 1	B	40
Cranial Kinesiology	B	60
Introduction to Physiology Applications	B	40
Kinesiology Coaching	B	100
Kinesiology Foundation Program 1	A	40
Kinesiology Foundation Program 2	A	40
Kinesiology Foundation Program 3	A	40
Kinesiology Foundation Program 4	A	40
Kinesiology Practical Applications	A	40
Neuro Physiology 1	B	60
Nutrition & Physiology Applications 1	B	40
Nutrition & Physiology Applications 2	B	40
Nutrition & Physiology Applications 3	B	40
Nutrition & Physiology Applications 4	B	40
Principles of Energy Medicine	B	40

AKA ACCREDITED COMMUNICATION COURSES	CATEGORY	HOURS
Counselling Kinesiology 1 - Resolving Emotional Stress - G. Dickson	Comm/B	116
Counselling Kinesiology 2 - Empowering Relationships - G. Dickson	Comm/B	40
Dynamic Communication - T. Lilley, A. McRobert & A. Mitchell	Comm	60
Establish and Manage Client Relationships- T. Lilley	Comm	50
First Aid for Emotional Trauma - Kin Excellence Seminars	Comm	16
Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia	Comm/B	40

AKA accepts Health Training Package (HTL) common units delivered by RTO's qualified to deliver HTL common units

AKA ACCREDITED ANATOMY & PHYSIOLOGY COURSES	CATEGORY	HOURS
HLTAAP002 Anatomy and Physiology - NeuroEnergetic Kinesiology Ins	A&P	90
HLTAAP003 Anatomy and Physiology - NeuroEnergetic Kinesiology In:	A&P	60
Anatomy & Physiology- Toni Lilley	A&P	100
Anatomy and Physiology of the Brain (Applied Physiology)	A&P	24/40
Dynamic Kinesiology 1- Christine Ammann	A/ A&P	50
Dynamic Kinesiology 2- Christine Ammann	A/ A&P	50
Dynamic Kinesiology 3- Christine Ammann	A/ A&P	50
Dynamic Kinesiology 4- Christine Ammann	A/ A&P	50
Foot Joint Mobilisation (1 Day Course)- Peter Morningstar	A&P	8
Foot Joint Mobilisation (2 Day Course)- Peter Morningstar	B/A&P	16
Immune and Vaccination Pathways 1	B/A&P	32
Immune and Vaccination Pathways 2	B/A&P	24
LEAP Brain Integration 1	B/A&P	40
LEAP 1B Glial Cells / Foundation Training 3 (FT 3)	B/A&P	28
LEAP Brain Integration 2 (C Krebs)	B/A&P	40
LEAP Brain Integration 3 (C Krebs)	B/A&P	40
LEAP Brain Integration 4 (C Krebs)	B/A&P	36
LEAP Brain Integration 5 (C Krebs)	B/A&P	40
LEAP Foundation Training 1 (FT 1)	B/A&P	56
LEAP Foundation Training 2 (FT2)	B/A&P	22
LEAP Foundation Training 4 (FT 4)	B/A&P	22
Simply the Brain- Jacque Mooney	B/A&P	12
Tao of Blood (Applied Physiology)	B/A&P	12
Environmental Factors	B/A&P	36

AKA also accepts government accredited A & P courses

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Structural Fundamentals 1	B	40
Structural Fundamentals 2	B	40
Structural Fundamentals 3	B	60
Structural Paradigm	B	60

COUNSELLING KINESIOLOGY – Gordon Dickson

Intro to Counselling Kinesiology	A	8
Empowering Relationships - CK 2	B/Comm	40
Resolving Emotional Stress - CK 1	B/Comm	116

DYNAMIC KINESIOLOGY – Christine Ammann

Dynamic Kinesiology Essentials (DKE) Modules 1-4	A/A&P	152/50
Dynamic Kinesiology Practitioner (DKP) Modules 1-6	B/Comm	203/50
Kinesiology: An Application for Professionals	A	40

EDU-K – Paul and Gail Dennison (Rep Jose Toussaint)

Brain Gym 101- <i>needs to be taken with Edu-K in Depth</i>	A	32
Brain Gym for Educators	B	32
Brain Gym for Movement, Dance & Sport	B	32
Brain Gym for Special Needs	A	32
Brain Gym Teacher Practicum	B	40
Creative Vision	B	24
Dennison Whole Brain Learning	B	16
Edu-K in Depth - <i>needs to be taken with Brain Gym</i>	A	40
In Sync 1	B	24
In Sync 2	B	24
Language of Movement- Paul Dennison	B	24
Movement Exploration 1	B	32
Movement Re-Education	B	24
Optimal Brain Organization	B	24
Physiological Basis Learning and Kinesiology	B	16
Professional Principles 1-4	B	32
Total Core Repatterning	B	24
Visioncircles	B	24
Visioncircles Teacher training	B	32

EMOTIONS AND METAPHYSICAL KINESIOLOGY – BY THE BAY KINESIOLOGY (Rep Denise Robinson)

Aura Balancing Kinesiology	B	26
Chakra Healing Kinesiology	B	26
Kineasy Intro Course	A	26
Mastery of the Five Elements Core Essence & Character	B	26
Meridian Rivers of Chi Kinesiology	B	42
Transpersonal Chakra Kinesiology	B	26

AKA ACCREDITED BUSINESS MANAGEMENT COURSES	CATEGORY	HOURS
Professional Practice Management for Kinesiologists- Toni Lilley	BM	50
<i>AKA also accepts government accredited Business Management courses</i>		

AKA ACCREDITED WORK HEALTH & SAFETY COURSES	CATEGORY	HOURS
<i>AKA also accepts government accredited Work Health and Safety courses</i>		

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ICPKP (Rep Susan Koschel)

BKP101: Energisers and Self Testing	A	30
BKP102: Manual Muscle Testing	A	30
BKP103: The Chinese 5 Elements	A	30
BKP104: Kinesiology & Superficial Connections	A	30
BKP105: 5 Elements in-depth	B	30
BKP106: Professional Skills Balancing Protocol & Data Base	B	30
BKP107: Pain Reduction	B	30
BKP108: Balancing with Food	B	30
BKP109: Advanced Muscle Techniques – Reactivity and Posture	B	30
ECO 6.201: Lifestyle & Dietary Modification	B/Nut	10/20
ECO 6.202: Immune Mismatch Responses; Allergies & Sensitivities	B/Nut	10/20
EMS 2.201: Mastery of Emotional Stress Release	B	30
EMS 2.302: Subconscious Self Perception	Comm	30
JAF 5.201: TMJ & Cranials	B	30
JAF 5.301: Ligaments and Joints	B	30
MST 14.201: Muscle and Skin Activation	B	30
MST 14.202: Shoulder, Elbow Hand Muscle Protocol	B	30
MST 14.203: Hip, Leg, Foot Muscle Protocol	B	30
MST 14.301: Head Neck and Torso - Core Muscles	B	40
PIB 3.203: Basic Brain Integration Skills Level 1	B	40
VEF 7.201: Flower Essences	B	30
VEF 7.301: Metaphysical Vibrational Energy Fields	B	30
VEF 7.302: Metaphysical Energy Fields	B	30
ECO 6.301: Adrenal Geopathic and Life Energy	B	30

INTEGRATED HEALING – Matilda Van Dyke/Nick Oliver (Rep Nicola Barrett)

Integrated Healing Foundations	A	8
Healing Foundations & Pathways	A	24
Healing Body (Module 3)	B	16
Healing Concepts (Module 2)	B	24
Healing Mind (Module 4)	B	16
Healing Pathways (Module 1)	B	16
Integrated Healing Workbook Module 1 & 2	B	28
Integrated Healing Workbook Module 3 & 4	B	22
Integrated Healing – Matserclass 1	A	22
Integrated Healing – Matserclass 2	A	22
Integrated Healing – Matserclass 3	A	22
Integrated Healing – Matserclass 4	A	22
Restore Your Vitality	B	8

KINERGETICS – Philip Rafferty (Rep Germaine Byrne)

Kinergetics Unit 1	A	16
Kinergetics Unit 2	A	16
Kinergetics Unit 3	A	16
Kinergetics Unit 4	B	16

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Kinergetics Unit 5	B	16
Kinergetics Unit 6	B	16
Kinergetics Instructor Unit 1	B	31
Kinergetics Instructor Unit 2	B	23
Kinergetics Instructor Unit 3	B	23
Kinergetics Instructor Unit 4	B	23
Kinergetics Instructor Unit 5	B	16

KINESIOLOGY EXCELLENCE SEMINARS – Parijat Wismer (Diploma Provider)

Chi of Money and Self Esteem	B	44
Weight Management for Kinesiologists	B	45

LEAP – Dr. Charles Krebs (Rep Jacque Mooney)

LEAP Brain Integration 1	B/A&P	40/72
LEAP Brain Integration 2	B/A&P	48/80
LEAP Brain Integration 3	B/A&P	48/80
LEAP Brain Integration 4	B/A&P	40/72
LEAP Brain Integration 5	B/A&P	48/80
LEAP Foundation Training 1 (FT 1)	B/A&P	32/56
LEAP Foundation Training 2 (FT 2)	B/A&P	24/44
LEAP 1B Glial Cells / Foundation Training 3 (FT 3)	B/A&P	32/56
LEAP Foundation Training 4 (FT 4)	B/A&P	24/44
Energetic Structure of Man and the Universe 1	B	24
Energetic Structure of Man and the Universe 2	B	24
Environmental Factors	B/A&P	32/56
Law of 5 Elements	B	56

MIND BODY MEDICINE (MBM)- 10003NAT- David Corby (Diploma Provider)

Introduction to Kinesiology	A	108
Introduction to MBM	B	27
MBM 2 System	B	71
MBM 3 System	B	97
Emotion Spirit & Destiny & The Dao of Clinical Practise	B	84
Dynamic Structure	B	84
Applying Physiology & Nutrition	B	91
Clinical Conditions & Clinic	B	74

NEURAL ORGANISATION TECHNIQUE (NOT) – Dr. Carl Ferrerri (Rep P. McLellan)

NOT 1	B	32
NOT 2	B	32
NOT 3	B	32
Neuro Spiritual Integration - Peter McLellan	B	32

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NEUROENERGETIC KINESIOLOGY – Hugo Tobar (Diploma Provider)

Balancing with the 5 Elements	B	16
Body Structure Hologram 1	B	32
Body Structure Hologram 2	B	24
Brain Formatting	B	16
Brain Hologram A	B	32
Brain Hologram B	B	32
Brain Hologram C	B	32
Brain Hologram D	B	8
Celestial Chakra Hologram	B	32
Chakra Balance	B	16
Chakra Hologram 1	B	32
Chakra Hologram 2	B	32
Chakra Metaphors	B	16
Genetic I-Ching	B	24
Hormone Hologram 1	B	32
Hormone Hologram 2	B	16
Immune and Vaccination Pathways 1	B/A&P	32
Immune and Vaccination Pathways 2	B/A&P	24
Neuro Transmitter Hologram	B	48
Neuro-Emotional Pathways 1	B	32
Neuro-Emotional Pathways 2	B	24
Neuro-Emotional Pathways 3	B	24
Neuro-Emotional Pathways 4	B	32
Nutrition Hologram	B	56
Physiology Formatting	B	16
Primitive Reflexes and Brain Stem	B	16
Primitive Reflexes and Brain Stem 2	B	16
Primitive Reflexes and Brain Stem 3	B	32
Principles of Kinesiology (1-4)	A	146
Sound & Light Healing	B	8

NEUROLINGUISTIC KINESIOLOGY (NLK) – Wendy Bennet

Neurolinguistic Kinesiology 1	A	30
Neurolinguistic Kinesiology 2	A	30
Neurolinguistic Kinesiology 3	B	50
Neurolinguistic Kinesiology 4	B	50
Neurolinguistic Kinesiology 5	B	60
Neurolinguistic Kinesiology 6	B	50
Neurolinguistic Kinesiology 7 - Instructor Training	B	60

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REFLEXES KINESIOLOGY – Brendan O’Hara

Primitive & Postural Reflexes Level 1	B	16
Primitive & Postural Reflexes Level 2	B	32
Movement, The Brain and Learning	B	16

INTERNATIONAL RHYTHMIC MOVEMENT TRAINING iRMT - Moira Dempsey

RMT 1 - RMT for Focus, Organisation and Comprehension	B	16
RMT 2 - RMT for Emotions, Memory & Behaviour	B	8
RMT 3 - RMT for Reading and Writing	B	16
Face the Fear	B	16

SIPS – Ian Stubbing

SIPS 1	B	24
SIPS 2	B	24
SIPS BAP	B	16

SOUL POWER KINESIOLOGY- Catherine North

Soul Power Kinesiology Foundation Course	A	26
Soul Power Kinesiology Level 2	A	26
Soul Power Kinesiology Level 3	A	26
Soul Power Kinesiology Levels 4 to 6	B	78

TRANSFORMATIONAL KINESIOLOGY- Grethe Fremming (Rep Pam Sussman)

Optimal Integration (<i>formerly TK Foundation</i>)	A	15
Transformational Kinesiology (TK) 1	A	37.5
Transformational Kinesiology (TK) 2	B	37.5
Transformational Kinesiology (TK) 3	B	37.5
Transformational Kinesiology (TK) 4	B	37.5
Transformational Kinesiology (TK) 5	B	37.5
Inner Leadership 1	B	15
Inner Leadership 2	B	15
Energetic Anatomy 1	B	37.5

TOUCH FOR HEALTH (TFH) – Dr John Thie (Rep Louise Barrett)

TFH Synthesis:		
TFH 1	A	16
TFH 2	A	16
TFH 3	A	16
TFH 4	A	16
TFH Training Workshop	B	64
TFH Metaphor Workshop	B	16
TFH Proficiency	A	16
TFH Practical Exercises	A	60
TFH Continuing Education	B	15
Eat Right, Live Right	B	3

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Healthy Pets	B	7
Kinesiology for Kids	B	3
Perceptive Vision	B	3
TFH Consultant	A+B	140/80
TOUCH FOR HEALTH SCHOOLS – Maurizio Piva (Rep Louise Barrett)		
Touch For Health Schools - Maurizio Piva (Rep Louise Barrett)	B	20

Practitioner Registration: If you have completed a course that is currently not listed and require information for practitioner registration, please contact the AKA Office (enquiries@aka.asn.au) to check its past status.