



Australian Kinesiology Association ~ List of Fully Accredited Kinesiology and Practitioner Courses ~ as at 30th July 2026

*The AKA Practitioner Registration Board (PRB) will only accept Kinesiology qualifications that have been approved by the AKA Course Accreditation Board (CAB)

*All courses listed (Category A and Category B) courses can be used for practitioner registration and Continuing Professional Development (CPD)

INDIVIDUAL KINESIOLOGY COURSES	CATEGORY	HOURS
Basics of Life- Marco-Rado	B	16
Coming to Grips with Learning - Bernard Carson/Shanagh Sangster	B	22
Classic Kinesiology- Kylie Bryan	A	48/96
Comprehensive Kinesiology 1 - Kylie Bryan	B	140
Comprehensive Kinesiology 2 - Kylie Bryan	B	140
Creative Nutrition - Gerry Gallagher	B	24
Essence of Change - Gerry Gallagher	B	24
Five Elements BioEnergetics I- Damien Brown	B	29
Five Elements BioEnergetics II- Damien Brown	B	29
Five Elements BioEnergetics III- Damien Brown	B	29
Foot Joint Mobilisation (2 Day Course) - Peter Morningstar	B/A&P	16
Healing Innately- Irene Oram	B	24
Heart Healing - Toni Lilley	A	65
Integrating Primitive Reflexes using Brain Gym® & Touch for Health- Tracey Tinker	B	16
Integrative Neurocardiology- Marco Rado	B	21
Kinesiology Applications 2 - Guy Bennett	B	16
Restore Your Vitality- Nicola Barrett	B	8
Simply The Brain- Jacque Mooney	B/A&P	24
Simply The Brain 2: The Brain and Body Glands- Jacque Mooney	B/A&P	72
Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia Marina	B/Comm	40
ACCESSING THE POWER OF THE EIGHT EXTRAORDINARY CHANNELS (APEC) - A. Parker & S. Lovell		
APEC 1	B	16
APEC 2	B	16
APEC 3	B	16
APPLIED PHYSIOLOGY – Richard Utt (Rep Jacque Mooney)		
5 Houses of Chi	B	24
7 Chi Keys	B	72
Advanced Applied Physiology	B	56
Amino Acids	B	16
Anatomy and Physiology of the Brain	B/A&P	80
Advanced Acupressure	B	56
Attitude with Essence	A	24

ABBREVIATIONS

A&P = Anatomy & Physiology

BM = Business Management

Comm = Communication

Nut = Nutrition

WHS= Work Health & Safety

Category A: Foundation Kinesiology Courses

Category B: Intermediate or Advanced Kinesiology Course- requires Category A as a pre-requisite

AKA Accredited REGISTERED TRAINING ORGANISATIONS (RTO) offering DIPLOMA HLT 52415

College of Complementary Medicine: NSW

www.complementary.com.au

College of Kinesiology: QLD

www.kinesiologycollege.edu.au

Kinesiology Schools Australia (KSA): VIC, QLD, NSW

www.kinesiologyschoolsaustralia.com.au

NK Institute: QLD, NSW, VIC, WA

www.nkinstitute.com

O'Neill Kinesiology College, WA

www.oneillcollege.com.au

WORKBOOK HOURS:

AKACAB accredited approved kinesiology workbook hours: 66% of the nominal hours or as determined by CAB

AKA Accredited REGISTERED TRAINING ORGANISATIONS (RTO) offering 10831NAT, Certificate IV

NK Institute: QLD, NSW, VIC, WA

www.nkinstitute.com

WORKBOOK HOURS:

AKACAB accredited approved kinesiology workbook hours: 66% of the nominal hours or as determined by CAB

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Auditory Dyslexia Hologram	B	10
Basketweaver	B	16
Canopener	B	16
Cell Hologram	B	24
Centering: cloacals, gaits and hyoids	B	16
Cranials	B	16
Gall bladder Master	B	16
Holographic Muscle Monitoring	A	32
Large Intestine Master	B	16
Liver Master	B	16
Muscle Hologram	B	40
Pitch, roll & jaw	B	16
Salt Bath	B	24
Small Intestine Master	B	16
Spleen/Pancreas Master	B	16
Stomach Master	B	16
Tao of Blood	B/A&P	24
Tibetan Figure 8	B	10
TMJ	B	16
Visual Dyslexia Hologram	B	10

BIO HARMONICS- Guy Bennett (Diploma Provider)

Advanced Muscle Monitoring	B	40
Bio Harmonics	B	60
Chakra Awakenings 1	B	40
Cranial Kinesiology	B	60
Introduction to Physiology Applications	B	40
Kinesiology Coaching	B	100
Kinesiology Foundation Program 1	A	40
Kinesiology Foundation Program 2	A	40
Kinesiology Foundation Program 3	A	40
Kinesiology Foundation Program 4	A	40
Kinesiology Practical Applications	A	40
Neuro Physiology 1	B	60
Nutrition & Physiology Applications 1	B	40
Nutrition & Physiology Applications 2	B	40
Nutrition & Physiology Applications 3	B	40
Nutrition & Physiology Applications 4	B	40
Principles of Energy Medicine	B	40

AKA ACCREDITED COMMUNICATION COURSES	CATEGORY	HOURS
Counselling Kinesiology 1 - Resolving Emotional Stress - G. Dickson	Comm/B	116
Counselling Kinesiology 2 - Empowering Relationships - G. Dickson	Comm/B	40
Dynamic Communication - T. Lilley, A. McRobert & A. Mitchell	Comm	60
Establish and Manage Client Relationships- T. Lilley	Comm	50
First Aid for Emotional Trauma - Kin Excellence Seminars	Comm	16
Transforming DNA Memories in Theta & Delta- Irene Oram/Sylvia	Comm/B	40

AKA accepts Health Training Package (HLT) common units delivered by RTO's qualified to deliver HLT common units

AKA ACCREDITED NUTRITION COURSES	CATEGORY	HOURS
Interpret and use information about nutrition and diet	A / Nut	50
HLTHPS010 - NK Institute		

AKA also accepts government accredited Nutrition courses

AKA ACCREDITED ANATOMY & PHYSIOLOGY COURSES	CATEGORY	HOURS
HLTAAP002 Anatomy and Physiology - NeuroEnergetic Kinesiology Ins	A&P	90
HLTAAP003 Anatomy and Physiology – NeuroEnergetic Kinesiology Ins	A&P	60
Anatomy & Physiology- Toni Lilley	A&P	100
Anatomy and Physiology of the Brain (Applied Physiology)	A&P	24/40
Dynamic Kinesiology 1- Christine Ammann	A/ A&P	50
Dynamic Kinesiology 2- Christine Ammann	A/ A&P	50
Dynamic Kinesiology 3- Christine Ammann	A/ A&P	50
Dynamic Kinesiology 4- Christine Ammann	A/ A&P	50
Foot Joint Mobilisation (1 Day Course)- Peter Morningstar	A&P	8
Foot Joint Mobilisation (2 Day Course)- Peter Morningstar	B/A&P	16
Immune and Vaccination Pathways 1	B/A&P	32
Immune and Vaccination Pathways 2	B/A&P	24
LEAP Brain Integration 1	B/A&P	40
LEAP 1B Glial Cells / Foundation Training 3 (FT 3)	B/A&P	28
LEAP Brain Integration 2 (C Krebs)	B/A&P	40
LEAP Brain Integration 3 (C Krebs)	B/A&P	40
LEAP Brain Integration 4 (C Krebs)	B/A&P	36
LEAP Brain Integration 5 (C Krebs)	B/A&P	40
LEAP Foundation Training 1 (FT 1)	B/A&P	56
LEAP Foundation Training 2 (FT2)	B/A&P	22
LEAP Foundation Training 4 (FT 4)	B/A&P	22
Simply the Brain- Jacque Mooney	B/A&P	12
Tao of Blood (Applied Physiology)	B/A&P	12
Environmental Factors	B/A&P	36

AKA also accepts government accredited A & P courses

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Structural Fundamentals 1	B	40
Structural Fundamentals 2	B	40
Structural Fundamentals 3	B	60
Structural Paradigm	B	60
COUNSELLING KINESIOLOGY – Gordon Dickson		
Intro to Counselling Kinesiology	A	8
Empowering Relationships - CK 2	B/Comm	40
Resolving Emotional Stress - CK 1	B/Comm	116
DYNAMIC KINESIOLOGY – Christine Ammann		
Dynamic Kinesiology Essentials (DKE) Modules 1-4	A/A&P	152/50
Dynamic Kinesiology Practitioner (DKP) Modules 1-6	B/Comm	203/50
Kinesiology: An Application for Professionals	A	40
EDU-K – Paul and Gail Dennison (Rep Jose Toussaint)		
Brain Gym 101- <i>needs to be taken with Edu-K in Depth</i>	A	32
Brain Gym for Educators	B	32
Brain Gym for Movement, Dance & Sport	B	32
Brain Gym for Special Needs	A	32
Brain Gym Teacher Practicum	B	40
Creative Vision	B	24
Dennison Whole Brain Learning	B	16
Edu-K in Depth - <i>needs to be taken with Brain Gym</i>	A	40
In Sync 1	B	24
In Sync 2	B	24
Language of Movement- Paul Dennison	B	24
Movement Exploration 1	B	32
Movement Re-Education	B	24
Optimal Brain Organization	B	24
Physiological Basis Learning and Kinesiology	B	16
Professional Principles 1-4	B	32
Total Core Repatterning	B	24
Visioncircles	B	24
Visioncircles Teacher training	B	32
EMOTIONS AND METAPHYSICAL KINESIOLOGY – BY THE BAY KINESIOLOGY (Rep Denise Robinson)		
Aura Balancing Kinesiology	B	26
Chakra Healing Kinesiology	B	26
Kineasy Intro Course	A	26
Mastery of the Five Elements Core Essence & Character	B	26
Meridian Rivers of Chi Kinesiology	B	42
Transpersonal Chakra Kinesiology	B	26

AKA ACCREDITED BUSINESS MANAGEMENT COURSES	CATEGORY	HOURS
Professional Practice Management for Kinesiologists- Toni Lilley	BM	50
Foundations for Practice:		
A seamless Transition from Student to Practitioner - Rachel Dutton	BM	40
<i>AKA also accepts government accredited Business Management courses</i>		

AKA ACCREDITED WORK HEALTH & SAFETY COURSES	CATEGORY	HOURS
<i>AKA also accepts government accredited Work Health and Safety courses</i>		

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ICPKP (Rep Susan Koschel)

BKP101: Energisers and Self Testing	A	30
BKP102: Manual Muscle Testing	A	30
BKP103: The Chinese 5 Elements	A	30
BKP104: Kinesiology & Superficial Connections	A	30
BKP105: 5 Elements in-depth	B	30
BKP106: Professional Skills Balancing Protocol & Data Base	B	30
BKP107: Pain Reduction	B	30
BKP108: Balancing with Food	B	30
BKP109: Advanced Muscle Techniques – Reactivity and Posture	B	30
ECO 6.201: Lifestyle & Dietary Modification	B/Nut	10/20
ECO 6.202: Immune Mismatch Responses; Allergies & Sensitivities	B/Nut	10/20
EMS 2.201: Mastery of Emotional Stress Release	B	30
EMS 2.302: Subconscious Self Perception	Comm	30
JAF 5.201: TMJ & Cranials	B	30
JAF 5.301: Ligaments and Joints	B	30
MST 14.201: Muscle and Skin Activation	B	30
MST 14.202: Shoulder, Elbow Hand Muscle Protocol	B	30
MST 14.203: Hip, Leg, Foot Muscle Protocol	B	30
MST 14.301: Head Neck and Torso - Core Muscles	B	40
PIB 3.203: Basic Brain Integration Skills Level 1	B	40
VEF 7.201: Flower Essences	B	30
VEF 7.301: Metaphysical Vibrational Energy Fields	B	30
VEF 7.302: Metaphysical Energy Fields	B	30
ECO 6.301: Adrenal Geopathic and Life Energy	B	30

INTEGRATED HEALING – Matilda Van Dyke/Nick Oliver (Rep Nicola Barrett)

Integrated Healing Foundations	A	8
Healing Foundations & Pathways	A	24
Healing Body (Module 3)	B	16
Healing Concepts (Module 2)	B	24
Healing Mind (Module 4)	B	16
Healing Pathways (Module 1)	B	16
Integrated Healing Workbook Module 1 & 2	B	28
Integrated Healing Workbook Module 3 & 4	B	22
Integrated Healing – Matserclass 1	A	22
Integrated Healing – Matserclass 2	A	22
Integrated Healing – Matserclass 3	A	22
Integrated Healing – Matserclass 4	A	22
Restore Your Vitality	B	8

KINERGETICS – Philip Rafferty (Rep Germaine Byrne)

Kinergetics Unit 1	A	16
Kinergetics Unit 2	A	16
Kinergetics Unit 3	A	16
Kinergetics Unit 4	B	16

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Kinergetics Unit 5	B	16
Kinergetics Unit 6	B	16
Kinergetics Instructor Unit 1	B	31
Kinergetics Instructor Unit 2	B	23
Kinergetics Instructor Unit 3	B	23
Kinergetics Instructor Unit 4	B	23
Kinergetics Instructor Unit 5	B	16
KINESIOLOGY EXCELLENCE SEMINARS – Parijat Wismer (Diploma Provider)		
Chi of Money and Self Esteem	B	44
Weight Management for Kinesiologists	B	45
First Aid for Stress-Rapid Stress Release	B	16/26
Healing Medical Trauma	B	24/45
Deep Trauma Healing	B	24/45
Healing Sexual Trauma	B	24/45
LEAP – Dr. Charles Krebs (Rep Jacque Mooney)		
LEAP Brain Integration 1	B/A&P	40/72
LEAP Brain Integration 2	B/A&P	48/80
LEAP Brain Integration 3	B/A&P	48/80
LEAP Brain Integration 4	B/A&P	40/72
LEAP Brain Integration 5	B/A&P	48/80
LEAP Foundation Training 1 (FT 1)	B/A&P	32/56
LEAP Foundation Training 2 (FT 2)	B/A&P	24/44
LEAP 1B Glial Cells / Foundation Training 3 (FT 3)	B/A&P	32/56
LEAP Foundation Training 4 (FT 4)	B/A&P	24/44
Energetic Structure of Man and the Universe 1	B	24
Energetic Structure of Man and the Universe 2	B	24
Environmental Factors	B/A&P	32/56
Law of 5 Elements	B	56
MIND BODY MEDICINE (MBM)- 10003NAT- David Corby (Diploma Provider)		
Introduction to Kinesiology	A	108
Introduction to MBM	B	27
MBM 2 System	B	71
MBM 3 System	B	97
Emotion Spirit & Destiny & The Dao of Clinical Practise	B	84
Dynamic Structure	B	84
Applying Physiology & Nutrition	B	91
Clinical Conditions & Clinic	B	74

NEURAL ORGANISATION TECHNIQUE (NOT) – Dr. Carl Ferrerri (Rep P. McLellan)

NOT 1	B	32
NOT 2	B	32
NOT 3	B	32
Neuro Spiritual Integration - Peter McLellan	B	32

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Balancing with the 5 Elements	B	16
Body Structure Hologram 1	B	32
Body Structure Hologram 2	B	24
Brain Formatting	B	16
Brain Hologram A	B	32
Brain Hologram B	B	32
Brain Hologram C	B	32
Brain Hologram D	B	8
Celestial Chakra Hologram	B	32
Chakra Balance	B	16
Chakra Hologram 1	B	32
Chakra Hologram 2	B	32
Chakra Metaphors	B	16
Genetic I-Ching	B	24
Hormone Hologram 1	B	32
Hormone Hologram 2	B	16
Immune and Vaccination Pathways 1	B/A&P	32
Immune and Vaccination Pathways 2	B/A&P	24
Neuro Transmitter Hologram	B	48
Neuro-Emotional Pathways 1	B	32
Neuro-Emotional Pathways 2	B	24
Neuro-Emotional Pathways 3	B	24
Neuro-Emotional Pathways 4	B	32
Nutrition Hologram	B	56
Nutrition Hologram A	B	36
Nutrition Hologram C	B	36
Physiology Formatting	B	16
Primitive Reflexes and Brain Stem	B	16
Primitive Reflexes and Brain Stem 2	B	16
Primitive Reflexes and Brain Stem 3	B	32
Principles of Kinesiology (1-4)	A	146
Sound & Light Healing	B	8

NEUROLINGUISTIC KINESIOLOGY (NLK) – Wendy Bennet

Neurolinguistic Kinesiology 1	A	30
Neurolinguistic Kinesiology 2	A	30
Neurolinguistic Kinesiology 3	B	50
Neurolinguistic Kinesiology 4	B	50
Neurolinguistic Kinesiology 5	B	60
Neurolinguistic Kinesiology 6	B	50

Neurlolinguistic Kinesiology 7 - Instructor Training	B	60
REFLEXES KINESIOLOGY – Brendan O’Hara		
Primitive & Postural Reflexes Level 1	B	16
Primitive & Postural Reflexes Level 2	B	32
Movement, The Brain and Learning	B	16
INTERNATIONAL RHYTHMIC MOVEMENT TRAINING iRMT - Moira Dempsey		
RMT 1 - RMT for Focus, Organisation and Comprehension	B	16
RMT 2 - RMT for Emotions, Memory & Behaviour	B	8
RMT 3 - RMT for Reading and Writing	B	16
Face the Fear	B	16
Stress Indicator Point System (SIPS) - Ian Stubbings (REP Molly Brumm)		
SIPS 1	B	24
SIPS 2	B	24
SIPS BAP	B	16
SOUL POWER KINESIOLOGY- Catherine North		
Soul Power Kinesiology Foundation Course	A	26
Soul Power Kinesiology Level 2	A	26
Soul Power Kinesiology Level 3	A	26
Soul Power Kinesiology Levels 4 to 6	B	78
TRANSFORMATIONAL KINESIOLOGY- Grethe Fremming (Rep Pam Sussman)		
Optimal Integration (<i>formerly TK Foundation</i>)	A	15
Transformational Kinesiology (TK) 1	A	37.5
Transformational Kinesiology (TK) 2	B	37.5
Transformational Kinesiology (TK) 3	B	37.5
Transformational Kinesiology (TK) 4	B	37.5
Transformational Kinesiology (TK) 5	B	37.5
Inner Leadership 1	B	15
Inner Leadership 2	B	15
Energetic Anatomy 1	B	37.5
TOUCH FOR HEALTH (TFH) – Dr John Thie (Rep Louise Barrett)		
TFH Synthesis:		
TFH 1	A	16
TFH 2	A	16
TFH 3	A	16
TFH 4	A	16
TFH Training Workshop	B	64
TFH Metaphor Workshop	B	16
TFH Proficiency	A	16
TFH Practical Exercises	A	60

THF Continuing Education	B	15
Eat Right, Live Right	B	3
Healthy Pets	B	7
Kinesiology for Kids	B	3
Perceptive Vision	B	3
TFH Consultant	A+B	140/80
TOUCH FOR HEALTH SCHOOLS – Maurizio Piva (Rep Louise Barrett)		
Touch For Health Schools - Maurizio Piva (Rep Louise Barrett)	B	20

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Practitioner Registration: If you have completed a course that is currently not listed and require information for practitioner registration, please contact the AKA Office (enquiries@aka.asn.au) to check its past status.